

LADIES SHOWCASE

1660 MURPHY AVENUE, MN STATE FAIRGROUNDS
AT THE NORTH END EVENT CENTER

Friday, June 19, 9a-6p, Saturday, June 20, 9a-6p Sunday, June 21, 9a-2p

Ladies Showcase Gallery, Stage Presentation

FRIDAY, JUNE 19, 2026	
9:00am	GIVE AWAY: Ladies Showcase collectible bags given to women 18 years +.
9:30am	NATIONAL ANTHEM: James Bohn eloquently honors our country and its heroes.
10:00am	FASHION SHOW: The latest clothing trends and styles are featured to keep you up to date. Presented by our "in house" clothing vendors: Minnesota Chicks and Junction City Clothing. Give Away: 6 (six) \$25.00 gift certificates.
11:00am	IS IT A CAKE OR IS IT A COOKIE?: Nancy Burgeson (Top Tier) challenges us to decide what to call this beautiful dessert. Nancy will show you all the tricks she has up her sleeve to make this yummy treat.
12:30pm	SENIOR FIRE SAFETY: Adam Gordon will cover cooking safely, space heaters, smoking, smoke alarms and escape planning to help you stay secure.
2:00pm	BAKE WITH CONFIDENCE: Nancy Burgeson (Top Tier) demonstrates how to create beautiful cakes with super simple steps. Bring your baking questions and be prepared to be dazzled as we embark on fun, simple, yet lovely, mini cakes.
2:30pm-5:30pm	Vote for your favorite MSRA, Modified T shirt
3:30pm	ARTHRITIS UPDATES: Rawad Nasr MD, Rheumatology (Arthritis Foundation) presents the latest information on arthritis and many of the auto immune diseases. This is your opportunity to gain firsthand knowledge on prevention and treatment options.
SATURDAY, JUNE 20, 2026	
9:00am	GIVE AWAY: Ladies Showcase collectible bags given to women 18 years +.
10:00am	T-SHIRT MODIFICATION RESULTS: Join us to see who is awarded the people's choice award and the Judges award.
11:00am	DESSERT IS ALL IN THE FINGERS: Nancy Burgeson (Top Tier) "What has lady fingers, whipping cream, cream cheese and MORE?". She answers with a summer dessert that is so easy and fun to make, your guests will think you are a confiseur when you make this luscious dessert for them.
12:30pm	MINNESOTA AGING PATHWAYS: Navigating Medicare. Learn how to use Medicare.gov to compare plans and make budget friendly health care decisions.
2:00pm	WEIGHTY MATTERS: Kelly Kinnan, MD, DABOM, (Weight Watchers) discusses the disease of obesity, its potential causes, related health issues and treatments, including lifestyle changes, current and upcoming medications, and surgery. She will focus on medical management, different options, and why you may choose one over another.
3:30pm	ROCKABLLY MUSIC: The Star Chiefs Band plays this classic style of rock and roll music expertly. It can put a smile on your face, keep your toes tapping and feet dancing.
SUNDAY, JUNE 21, 2026	
9:00am	GIVE AWAY: Ladies Showcase collectible bags given to all 18 years +.
10:00am	CHURCH SERVICE: MSRA Chaplain Bill Schimmelman brings a Sunday message of encouragement to the Ladies Showcase stage. Take a moment of time to be filled with gratitude for all you have.

MN DEPT OF VETEREANS AFFAIRS: The purpose of the MDVA is to serve Minnesota Veterans, their dependents and survivors by connecting them with the federal and state care and benefits they have earned. Representatives will be available in the Ladies Showcase Vendor area each day. We encourage all to take advantage of the opportunity to gain information.

LACTATION ROOM Private area in the Ladies Showcase office has electricity

Please join us at the Ladies Showcase. Our building is air-conditioned. You can come in, cool down, be enlightened, and be entertained all at the same time.

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Get to Know Our Presenters



James Bohn has donated his time to both MSRA and to the Ladies Showcase for several years. He is an army veteran and former singer of the national anthem for the Minnesota Wild. He is the baritone soloist at Plymouth Congregational Church.



Nancy Burgeson owns and operates Minnesota Top Tier. She has been presenting sweet treats at the Ladies Showcase since 2008. Nancy is skilled at making incredible cookies, awesome candy and dreamy cakes. She freely shares her prized recipes, shortcuts, and ingenious tips with her audience. She can frequently be seen on Twin Cities Live. Nancy also has special hands-on classes through Community Education and for private groups as well. Contact Nancy at toptiermn@aol.com



Adam Gordon, a 24-year veteran of the fire service, is the Fire inspector for the City of Ramsey in Anoka County. He has been a member of the MSRA First Aid Team for over a decade. Adam has three grown children in Denver, Des Moines & here in Minnesota. He enjoys hiking, camping, scuba diving, jumping out of airplanes, motorcycling, and traveling the world with his wife. Fun fact: He will visit his 7th continent this summer when traveling to Australia!



Kelly Kinnan MD, DABOM is board certified in family medicine and obesity medicine with 20 + years of experience caring for patients of all ages. She provides comprehensive primary care services, focusing on preventive health, chronic disease management, and wellness guidance for individuals and families throughout their lives. She currently works for Weight Watchers.

MINNESOTA AGING PATHWAYS / Senior linkage Line, is a service of the Minnesota Board on Aging in partnership with Minnesota's area agencies on aging. The name of the speaker wasn't available at the time of this writing. They are located at 540 Cedar Street, St Paul MN 55155. (800) 333-2433 Visit <https://mn.gov/aging-pathways/>



Rawad Nasr MD, is board certified in internal medicine and rheumatology. He provides rheumatology care for patients with acute illness. Dr Nasr performs musculoskeletal ultrasound guided diagnostic tests, therapeutic injections and bone health care. He has a special interest in lupus and vasculitis. He works closely with The Arthritis Foundation, which is the largest non-profit organization dedicated to the prevention, control and cure of arthritis. <https://www.arthritis.org> <https://www.hennepinhealthcare.org/provider/rawad-nasr-md/>



The Star Chiefs play Rockabilly music and they play it expertly. Rockabilly is a classic style of rock and roll music. The Star Chiefs have been with the Ladies Showcase since 2008 and at other MSRA functions where they are always well received. They just get better every time you get to hear them. We invite them back, quite simply, because they are a fantastic band and you, the audience, come to see them again and again. You can reach them at thestarchiefs@gmail.com. If you are fortunate, they may be available for your event.



Bill Schimmelman has been around cars all his life. He worked on several fast cars while in high school but he postponed his love of cars while he was in college, the service and raising kids. A good friend later got him interested again. Bill and his wife Janine enjoy cruising the old car scene. He adopted the phrase, faith and horsepower, a great combination. Many are surprised that a pastor can build cars and trucks, but he finds there are many similarities.